

BEYOND REGRET

Study and Discussion Guide



This study guide accompanies the book, Beyond Regret, by Laurie Driesen. This page accompanies part 1, Understanding Regret: chapters 1 – 9. These questions may be used for each chapter.

What meant the most to you in this chapter?

What would you like to learn more about?

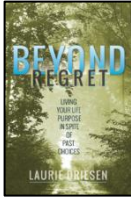
Do you feel that you understand more about regret from this reading?

Are you able to view your regret from a different perspective?

What changes would you like to make as a result of learning from this chapter?

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What was important or had the most impact on you?

Do you feel that you have a greater understanding of the main topic of this chapter?

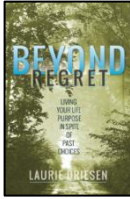
Can you identify specific actions that may have contributed to regret in your life?

What was the most difficult idea or challenging thought for you in this reading?

Is there any specific action that you would like to take as a result of learning from this chapter?

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*This study guide accompanies the book, Beyond Regret, by Laurie Driesen. This page accompanies part 3, Preventing Future Regret: chapters **21 – 26**. These questions may be used for each chapter.*

What was important or had the most impact on you?

Based on this chapter, describe how future regret can be prevented.

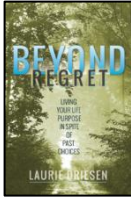
How do you believe God can use your regret to help you?

In what areas of your life do you feel you can make better choices?

What specific actions will you take in order to prevent future regret in your life?

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This study guide accompanies the book, *Beyond Regret*, by Laurie Driesen. This page accompanies part 4, *Living Your Life Purpose*: chapters **27 – 32**. These questions may be used for each chapter.

What idea was the most significant and personal for you?

How does this chapter clarify God's purpose for us or His calling on our lives?

What are you most hopeful about after reading this chapter?

How do you think God can use your regret to help others?

Describe a dream, goal or desire that you have for your life that would serve and honor the Lord.